

*Women:
Get on the Orgasm Express
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INTRODUCTION

Orgasm and the 11 minute Problem

Are you sexually in sync with your partner? If so, you're one of the

few lucky ones. Two thirds of us are in the average range when it comes to the timing of an orgasm. And the average for men and women differ. For men, on average, intercourse is over in 3 minutes of active thrusting; for women, on average, it takes 14 minutes for the earth to shutter.

Do the math, there's an 11-minute problem! That's one of the big reasons some women aren't eager to drop their pants—their guy is telling them something like, “Honey, go upstairs and get started, give a yell in 11 minutes...” Not happening!

And, get this, that's one of the better scenarios. For lots of women it's worse. A highly-publicized study (University of Chicago, 2001), found that 30% of women never or rarely reach orgasm during lovemaking and another 45% report that they only “sometimes” do.

How 'bout a clinically proven approach to speed up women's orgasm that REALLY WORKS?

And it's not a pill! Hormone therapy for women has been touted by some authors for women of all ages. The truth: Hormonal imbalance is rare in women before menopause. The pharmaceutical industry has been searching for the magic female libido pill for years. The highly touted “female Viagra” proved to be a failure in tests. Now Pfizer, Merck, and Johnson and Johnson are racing to bring a pill to market that will change a woman's brain chemistry, because, they've noted, sex takes place more in the brain for women than it does for men.

The pharmaceutical industry is not going to turn out to be the knight on the white horse riding into bedrooms to awaken female desire. Their quest for the billion dollar miracle pill just diverts our attention from focusing on a very learnable 3-Step, non-chemical strategy that has been proven time and again to work and work well.

I've taught the *3-Step approach* successfully to countless of grateful women over the past number of years. You can learn it too. The steps are clearly outlined,

straightforward and direct. This isn't new-age hokey pokey. It is clinically tried and proven!

In other words, I am offering to teach you to be orgasmic quickly and easily—whether you're starting out as non-orgasmic, struggling to be orgasmic more easily or are doing pretty well but aspire to do even better.

That's quite a job description. Can I deliver? Understandably, you may be wondering, who is this guy, what makes him credible? There are all sorts of men and women claiming to be experts on the Internet, most of them self-proclaimed. What makes me legit? Fair point.

Let's start with well earned immodesty. I am an award-winning, board certified psychologist and I have specialized in working with sexuality and relationships involving more people and more years than I care to admit. For 22 years I was a senior psychologist and supervisor at the oldest hospital-based sexuality center in the country. I trained psychologists starting out in their careers and gave seminars to senior hospital psychology staff on sex and relationship therapy.

At the hospital I probably saw more sexual cases in one year than most psychologists see in a lifetime. I am also on the faculty of the Einstein College of Medicine New York. In other words, when it comes to credentials and experience for optimizing female sexual response, I know this stuff!

In addition to my clinical work I live a double life—not one that would make a good movie—my double life is as a writer and most of my 18 nonfiction books are on relationships and sexuality. You can check them out on my website at www.DrBlock.com

Still skeptical? I'm eager to prove myself to you, so let's get started!

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